Congratulations go to the following students who were this year’s Age Champions at our Athletics Carnival:

Girls
- 12 Yrs - Aleigha Bentley
- 13 Yrs - Shavanah Boots
- 14 Yrs - Haylee Bowman
- 15 Yrs - Mycah Richards
- 16 Yrs - Moesha Cobden
- 17 Yrs - Elizabeth Ross

Boys
- 12 Yrs - Malakhi Donovan
- 13 Yrs - Zachary Paunovic
- 14 Yrs - Thomas Anderson
- 15 Yrs - Damien Dickson
- 16 Yrs - Matthew Markham
- 17 Yrs - Benjamin Sonter

Simon Bilsborough - Athletics Carnival Co-ordinator


Our students put in a fantastic effort at the school athletics carnival. We wish the seventy or so athletes who qualified to compete at the Zone Athletics Carnival the best of luck on the day. We hope that the weather is great and that you do your best. We look forward to hearing all the results and to see who is moving on to the next level.

WIN 1 OF 3 LAPTOPS!!!

When you pay your student voluntary contribution by 26 June you will go into the draw to win 1 of 3 Laptops!

Hurry and make your payment now so that you don’t miss the chance of winning one of these 3 great prizes!!!
SCHOOL REPRESENTATIVE COUNCIL NEWS

This has been a busy term for fundraising. We entered a small team of 20 students and a few teachers in the Coffs Coast Relay for Life in May and we raised over $1000 for the Cancer Council. It was a fantastic effort by the team. Adjustments had to be made due to wet weather but the event was a great success.

Students and teachers got involved in lots of activities; Hunter Bake-Smith took out the ‘Miss Relay For Life’ competition with a very innovative outfit (including High Heels), Ms Cheers got to crush two of our Year 9 students in Sumo suits, while a few others, including Mrs McDowell, took part in some Pilates and Yoga for relaxation.

A sausage sizzle was held on 29 May during lunch at school to support our team of students and Miss Watkins in the Kokoda Challenge. It was a well organised event, with the occasion raising approximately $370 for the team. The fantastic support of the sausage sizzle helped the team make it to the leader board for team fundraising.

On 9 June we had a Crazy Hair Day with money raised going to Cystic Fibrosis. Students and staff went all out getting their hair coloured at lunchtime. Cystic Fibrosis merchandise was available for purchase and is still available for sale at the front office for $5 an item.

Tanya Cheers - SRC Co-ordinator

Above is our lovely entrant, and his entourage, in the ‘Miss Relay For Life’ competition, Hunter Bake-Smith, who took out this years competition. This main fundraiser during Relay for Life embraces the spirit of the relay - Fun and Friendship while Fundraising!!!
BLUES STATE OF ORIGIN VISIT

During their training camp in Coffs Harbour recently we had a visit from three members of the NSW State of Origin team, Robbie Farah (Captain), Aaron Woods and David Klemmer. The students were keen to listen to each of the players speak about their career in League but to also hear of their plans for their lives after football.

The focus of the presentation was Dream, Believe, Achieve and this message was widely received with some students talking to the players after the presentation about their own plans for the future.
Year 8 Students are currently undertaking co-operative learning activities in anticipation of Toormina High School's Year 8 'Project Based Learning' unit in Term 3, Weeks 1-5. Science and English are participating in this project.

In Science the unit of work involves students investigating factors that impact the local aquatic ecosystems culminating in a presentation to a local council representative and experts in the field. It has been a valuable learning experience so far for staff and students. We see from the photos that the students have been busily involved in their water cycle building projects.

In English, students will be asked to address the question - Which Genre will make me Rich and Famous? Students will spend time investigating and evaluating what makes each genre unique and what contributes to making a genre popular. They will examine both films and short stories of their specific genre. Their final project will be a presentation where they will aim to convince a group of authors that they should be writing in the genre chosen by their group. Students will choose the way they present their project and teachers are looking forward to seeing the final products.

Jenny Bryant & Lisa Mullan - PBL Teachers
PRINCIPAL'S COLUMN

On Friday 29 May, Mrs McDowell, Mr Ward and I had the privilege of sharing breakfast with nine remarkable Year 12 students. Selected on the basis of their examination results and half-yearly reports the following students were in attendance: Cassie Marshall, Connor Cheers, Nathan Watt, Elizabeth Ross, Brian Adam, Indira Watkins-Wright, Kaitlyn Rossiter, Grace Koppman and Trung Bui. Over a lovely meal the students discussed their future goals and aspirations, the many opportunities they had enjoyed at Toormina High and some of their most memorable experiences in, and out of, the classroom. I took great pleasure in hosting this first Principal's Breakfast for our top ten Year 12 students and was reminded again about the fantastic calibre of student we have at Toormina High, as each stood out in areas from academic success to sporting prowess and leadership potential. Congratulations to all attendees and I look forward to hosting the Year 10 Future Leaders Principal's Breakfast in Term 3.

Dr Joanne Bellette - Relieving Principal

DEPOSITS DUE - 2015 YEAR GROUP EXCURSIONS

To secure your child's place on their year group excursion please pay the following deposits BEFORE the last day of Term 2:
Year 8 - 3 days to the Great Aussie Bush Camp at Tea Gardens - $50 deposit is due to the front office by Friday 26th June
Year 9 - Day Trip to Sea World on the Gold Coast - $50 deposit is due to the front office by Friday 26th June
Year 10 - 4 Days to Moreton Island in Queensland - $170 deposit is due to the front office by Friday 26th June

Please contact your child's Year Adviser at school on 6653 3077 if you have any further questions regarding the excursions.

WHOOPING COUGH WARNING!!!

There have been several cases of Whooping Cough (Pertussis) reported in our area lately.

Whooping Cough can be a life threatening infection in babies and young children. Please be aware that even those who have been vaccinated are at risk of developing Whooping Cough as immunity fades over time.

Whooping Cough usually begins like a cold with a blocked or runny nose, tiredness, mild fever and a cough. If the cough gets worse and develops into a “whooping” sound it is important to seek medical advice immediately.

The safest thing for all of our family and friends is to Identify - Protect - Prevent!!!

For information on Whooping Cough you can go to the NSW Health website - http://www.health.nsw.gov.au/PublicHealth/Infectious/whoopingcough/index.asp or phone the Public Health Unit on 1300 066 055 for information on symptoms, how it is spread, who is at risk and how is it prevented.
NEW Toormina High School Skoolbag App for Smartphone, Ipad or Tablet

This FREE App will allow you to receive alerts, information and school newsletters from our school instantaneously.

We are pleased to be able to offer this App free of charge to all parents and students. You are able to modify the App via Push Categories to receive information relevant to your child’s particular year at school.

It is very easy to install so head to the Skoolbag website to find out more. (www.skoolbag.com.au) If you have any concerns please come into the school or make contact with us on 6653 3077 for further help.

OHS WHITECARDS ACHIEVED

Congratulations to twenty of our students who on 1 May, sat for their OHS Whitecard Certificate.

All of the students successfully completed the day’s training and gained their Whitecard. This is an essential certificate to have if students are looking to do work experience or to gain employment on any construction site.

Pictured on the right are Adam McDonald, Damion Dumas, Bailey Watt and Tyson Neve with their OHS Whitecards.

Robyn West - Careers Adviser

WORK EXPERIENCE OPPORTUNITIES NEEDED FOR YEAR 10 STUDENTS

Are you the owner, or manager of a local business OR do you work in a business, or know of a business that would be willing to host one of our Year 10 students for a week of Work Experience?

We have students interested in a variety of careers including Childcare, Pharmacy, Retail, Plumbing, Construction, Information Technology, Graphic Design, Health and many more fields.

The set Work Experience dates are:

27 July– 31 July 31 OR 30 November – 4 December

If you, or someone you know is able to help, please contact Robyn West - Careers Adviser at Toormina High School on 6653 3077 or email robyn.west@det.nsw.edu.au.

YEAR 7 2016 EXTENSION CLASS APPLICATIONS CLOSING SOON

The Year 7 Extension Class at Toormina High School has been established to meet the needs of talented, motivated students. Our selection of students is based on academic merit, motivation and an interview.

Information kits and application forms are available from the school and on our website www.toormina-h.schools.nsw.edu.au Please contact Laura McRae - Head Teacher Welfare on 66533077 for any further information.

Applications close Friday 31 July 2015
WHAT'S COMING UP FOR STUDENTS IN CAREERS?

<table>
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<th>IMPORTANT DATES IN CAREERS</th>
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HSC Study Guide available in print and online - The guide has practical information about the HSC and advice for students on how to succeed in the HSC exams. It includes articles from teachers, HSC courses, online videos, advice on oral & performance exams, advice on Music and language exams, general study advice, tips for parents and so much more. Students will be emailed a link to the online version after 15 June.

Get Psyched at SCU - Students can participate in workshops and lab activities and get the chance to meet academic staff and students to discuss all things psychology. Students in Year 11 and 12 with interests in Psychology, Social Sciences or Human Behaviour are invited to attend. Contact Ellen Fleeton via ellen.fleeton@scu.edu.au or on 6659 3920 for further information and please register with Mrs West at school.

Bond with Bond University - Come along and hear from Kiara Greenway, who graduated from Toormina High School and hear about life as a Bond student. Kiara’s mother will also give an insight into life for parents with a child studying at Bond. To register, please visit https://bondwithbondcoffsharbour.eventbrite.com.au and for more information contact Calvin Masson at cmasson@bond.edu.au.

Discover Engineering Forum - See flyer attached to the back of this newsletter for more details on this forum.

Mid North Coast Post-Secondary School Options Expo - There will be 50 to 60 exhibitors including Academy of Interactive Entertainment, Academy of Performing Arts, Alderice and Associates, ASPIRE Institute, Australian Institute of Music, Australian Institute of Personal Trainers, Avondale College, BASAIR Aviation College, Bedford College, Bond University, Charles Sturt University, Christian Heritage College, Defence Force Recruiting, Dunmore Lang College, ETC, Hotel School, Indigenous Youth Mobility Program, International College of Management Sydney, Key Employment, Macquarie University, Mycareerprofile.com.au, My Health Career, North Coast Local Health, Novaskill, QIBT, Queensland University of Technology, Robert Menzies College, SAE Institute, Southern Cross University, SCU Marine Science, St Andrews College, Study Group ACPE, TAFE, Teach NSW, TRACTOR Design, Trendz, Universities Admissions Centre, University of Canberra, University of NSW, University of Newcastle, University of Notre Dame, University or Technology Sydney, UNSW Rural Clinical School, University of Wollongong, Whitehouse Institute of Design, William Angliss Institute.

HAVE YOU CHECKED OUT THESE FREE CAREERS WEBSITES?

www.toorminahighcareers.com

This is a free website that is a “One Stop Shop” for everything you might need to help you with Career Planning.

To access the website you can go straight to it or if you are in the Toormina High School website just click on the Careers tab and then on THS Careers and it will take you straight there. Check it out!!!

www.jobjump.com.au

When you register on JobJump you will receive News on the Careers you like sent directly to your home email address. Plus you will be able to use different parts of the JobJump website to help you plan and achieve your Career dreams.

To register with JobJump, go to the front screen of the website at www.jobjump.com.au then into the first white box start to type Toormina High School and when the name appears click on it. In the second white box, enter your email address and then click the Login button. A new screen will appear which asks you to type (in lower case letters) your school’s password which is racoon.

ARMSTRONG DRIVE, TOORMINA NSW 2452 026653 3077 toormina-h.school@det.nsw.edu.au www.toormina-h.schools.nsw.edu.au
Year 8 Excursion

The Great Aussie Bush Camp

Full Cost - $320
December 2\textsuperscript{nd}, 3\textsuperscript{rd} & 4\textsuperscript{th}
$50 Deposit Due - 26 June

Day and Night Time
Activities including....

Abseiling
Kayaking
Raft Building
High Ropes
Sand Dunes
Night Games
Dual Flying Fox
Commando Spot Lighting
Yummy Food
Cabin Accommodation
come and...
DISCOVER ENGINEERING

TOPICS
Areas to be addressed include:
Why be an Engineer?
What do Engineers Do?
How do you Become an Engineer?
What is it Like to Study Engineering?

Guest speakers include:
Engineering professionals,
university representatives
and university students

DATE
Tuesday 23rd June 2015
5:30pm – 7:30pm
Norm Jordan Pavilion
Coffs Harbour Showground
COFFS HARBOUR

This free forum is for all high school students who are interested in Engineering as a career choice.

Light refreshments will be served

REGISTER
Registration essential by:
Friday 19th June 2015

Please CLICK HERE
to register your attendance

Further information available at: 02 4911 7310
www.engineersaustralia.org.au/newcastle-division/events

SPONSORED BY:

[Images of company logos: GHD, aurecon]
FAMILY RELATIONSHIP SKILLS PROGRAM

Loving Your Angry Teen

Toormina High School is hosting this 2 day course for parents covering:

- The adolescent brain
- Hormonal changes
- Helping teens deal with strong emotions
- Coping with change
- Recognising risk
- The responses that help

FREE COURSE for PARENTS

Location: Toormina High School
Date: 23rd and 30th of July (Thursdays)
Time: 9.30am - 12.30pm

To register phone CRANES on 6642 7257
or email admin@cranes.org.au

FREE CHILDCARE AVAILABLE – Bookings Essential