Toormina High School was a very sad place this week with the passing of one of our finest young men, Jake Kedzlie, in a tragic accident during a football match for his local club, Sawtell Panthers, last weekend. Jake was a natural sportsman and represented our school in Rugby League, Rugby Union, AFL, Touch Football, Athletics and Indoor Cricket. His skills, leadership qualities and good sportsmanship have been praised by students and staff. Jake will also be remembered as a great friend, funny, kind and good at bringing out the best in people; humble but very talented, a role model to younger students and always a team player.

‘I just can’t convey how passionate Jake was about sport and his mates!! Played with absolute conviction and I think this was intrinsic in the rest of his life as well’.

Gavin Vanderkly - School Rugby Union Coach

‘He was an all round great mate and he loved every minute of his life’. Darcy and Victor

‘I had the privilege of coaching Jake in a number of Toormina High School’s sporting teams and through this got to see Jake in his element. Jake was a born leader who inspired his teammates with actions more than words. He was one of the most gifted and talented athletes I have seen and just a genuinely great kid. Jake you will be missed’.

Ky Schwartz - School Rugby League Team coach

Everyone at Toormina High has been enriched by Jake Kedzlie’s time with us. Jake is known as a brilliant footballer and athlete across a number of sports but among his friends he is also known as kind, good-humoured, funny, supportive, sensitive and as a leader. All those who knew and loved him will not forget him and they will grow to be more like him in developing their finer qualities. That is Jake’s legacy. We have had support from across the education and wider networks in our community. Thank you all for your expressions of concern, our students and staff are very grateful. Our heartfelt love and compassion are with Jake’s family and all those who are touched by his leaving us. Vale, Jake.

Liz Donnan - Principal
Over $3,000 was raised by the SRC at Toormina High School on Tuesday. If you would like to donate to the Jake Kedzlie Memorial Trust donations can be made at the National Australia Bank in Sawtell BSB - 082821 ACCT - 155435412.

THS held a Mufti Day on Tuesday with Staff in Hawaiian shirts showing their support. Students and staff will work together to establish a permanent memorial to Jake.
On Tuesday, March 19, the annual School Indoor Cricket Knockout was held for teams in years 9 & 10 at the Indoor Cricket & Sports Centre. The Toormina 1 team, led by their captain Aiden Statham, clinched the trophy over the Jetty High team in the final. THS have taken out the coveted trophy for 5 consecutive years since the competition began. During the preliminary rounds Jetty High School surprised the more favoured Toormina team in an upset win and set up an interesting final.

The team played an impressive final with Aiden Statham bowling a hat-trick and Jake Kedzlie winning 'Man of the Match' after some impressive bowling and notching a half century with his partner, Joe Stead. The organiser was impressed with the good sportsmanship shown by all schools.

Jake was part of a team that has won this competition every year since they started together in Year 7. It has been an honour and pleasure knowing and playing with Jake. I'll miss you mate.

Brad Poidevin

Tribute

Jake Kedzlie was selected in Toormina High’s Buckley shield Under 14 Rugby League Team when he was in Year 7. He displayed a lot of ability and a capacity to play 'tough' football against bigger opposition. In our final game of the season Jake played very courageously against a strong Macksville team. He indicated at an early age that he had a lot of character and determination. Jake was also in my English class that year and was only ever an absolute gentleman. He did take great deight, along with good friend Riley Pryor, in teasing me about the fortunes of my beloved Dragons. Will miss you, Jake.

Brett Hendry
Community based Support in times of need

As a whole school community, we are all affected by the untimely and tragic death of Jake Kedzlie. During this sad time, and with the school holidays coming up, families may want some additional support to help them come to terms with this loss. So many different groups are affected by an unexpected death:

Immediate family

Close friends

Football team members and clubs

People who attended the particular football match and witnessed the accident

Those who have lost someone else in the last year or so, or under similar circumstances

People who have lots of other stress in their lives and are already struggling to cope

There are lots of options for support, and we would encourage you to consider any of the following:

1. Headspace 6652 1878

2. GP referral to private psychologist /counsellor under Medicare rebate schemes

3. Access up to 18 free sessions under new Federal ATAPS scheme for children, adolescents and adults, and includes other family members. Self referral is ok In Coffs Harbour the local providers are:
   - Adam Patrech Psychologist 6658 5979
   - Kerrie Dennis Psychologist 6651 8297
   - Teresa Huggett Psychologist 0439 670 339

4. Division of General Practitioners has a directory of private mental health practitioners, which can be found at

School based Support

Students please speak to the Counsellors or Ms Mullan or your Year Advisor or any staff member

Looking after ourselves

What can we do to look after ourselves when tragic and sad things happen?

1. Make sure we get the best sleep we can:
   - Have a hot shower or bath close to bedtime
   - Make sure you eat something – we sleep better with some food in our stomachs
   - Good old warm milk with sugar – better than a sleeping tablet!

2. Talk to someone – yep, even the guys – a parent, a mate, a mentor, a teacher, a counsellor – it works.

3. Remember - every time you do something or go somewhere that used to involve Jake for the first time, you will feel weird. You may need back up support to do some of those things, but try not to avoid them. As those situations are got through, things will start to get easier.
End-of-Term Faculty Wrap-Up

HSIE
Term one has seen a variety of subjects taught in HSIE. In Year 12 we have Business Studies, Ancient and Modern History, Retail, Legal Studies, Society and Culture and Geography. In Year 11 students are studying Business Studies and Ancient and Modern History.

In years 7-10 students are being actively engaged in a variety of geographical topics. In Year 7 students have been studying Global Geography and investigating the world and 8 students are studying global change. Years 9 students have been investigating Australia’s physical environments and Year 10 students have been engaged in issues in Australian environments.

In History in Year 7 students are studying What is History and the ancient world. In Year 8 students have been looking at Medieval Europe. In Year 9 we have been engaged in life and culture in Australia up to 1914 and Australia in WWI. Year 10 students have studied the Vietnam War and Changing Rights and Freedoms for Indigenous Australians since 1945.

The HSIE faculty have also started planning for the Australian Curriculum which will be introduced in Years 7 and 9 History in 2014.

S. Elsley

The Science Faculty has enjoyed an enterprising Term 1. Year 7 have been busy learning about scientific equipment and their uses for experimental purposes. Year 10 Marine Studies have commenced a snorkelling program and Year 12 Agriculture are cultivating cacao (chocolate) and vanilla plants and Year 9 Agriculture purple corn and black corn plants. Pictured below is an example of Mrs Moloney’s Year 8 Science class mini-ecosystems they have been creating to grow crazy grass. We look forward to more exciting Scientific learning opportunities in Term 2.

S. Harrington

ENGLISH
It has been a busy start to the year for our students in English classes. The focus for the term has been on creative writing, poetry, novel studies, film and public speaking. Our students have been involved in three regional activities. The Year 12 English Extension 2 students took part in a camp aimed at helping them perfect their Major works for the HSC. They were away for two and a half days and able to mingle with other students from many other schools in the region. All the students were provided with mentors, suggestions and ongoing support for their individual projects.

Junior students were also involved in a North Coast Creative Writing camp. The group from Toormina included a number of Year 10 students and one talented year 9. The camp was also attended by Mrs Devoy, who was very impressed with the standard of student involvement and achievement over the three-day camp.

Finally, a small group of Year 7 students have attended a district public speaking day at Nambucca Heads High School. The group travelled by bus with students from Coffs Harbour High and Mr Verran, who has offered to support public speaking and debating at our school in 2013.

B. Kedraika

SUPPORT UNIT
Students have achieved syllabus outcomes as discussed at their Personal Learning Plan meetings with their parents/carers. They have engaged in some exciting cross curricula projects to learn and consolidate skills: Coffee Shop, Plant Fair, Landscaping, Community Access, Cooking, Band, the Anti-Bullying Day, assemblies, Work Experience, Special Olympics, Swimming Carnival and main stream activities and classes.

G. Gray

MATHEMATICS
This term the mathematics faculty welcomed a new teacher in Mr David Montgomery and also had the pleasure of offering a long term temporary teacher, Mr Joe Anderson, full time work.

The students in mathematics have worked dutifully towards their Mathematics learning and assisted in our celebration of International Pi day. Several of our year 7 and 8 students have been offered positions in the Mathematics Challenge Enrichment stage which will commence next term. The Toormina High Chess team had a resounding win over Christian Community High School and are looking forward to their next challenge.

C. Holden
TAS
This term the TAS faculty has undertaken numerous projects involving many students in a variety of class settings. Junior students have tailored boxer shorts and aprons in textiles. In food technology they have been introduced to cooking pasta dishes, desserts, snacks including pizza and fruit platters as they learnt correct food preparation techniques and nutrition. In metalwork the junior students have fabricated a heat trivet and barbeque toaster. In electronics they designed and assembled a custom spooky eyes decoration and a LED mood lamp. In woodwork the junior students completed a model bird nest box and fish DVD holder.
Our Year 9 and 10 students this year have elected studies in food technology, metal mechanics, electronics and woodwork. In food technology students explored fad diets and eating disorders as well as creating their own meals from scratch and having the pleasure of devouring them at the end of the lesson. The metalworkers have been fabricating and machining a G-clamp involving welding, brazing and soldering as well as threading. The electronics students have completed a door bell project and a siren project. The woodworkers are well underway with their coffee tables with custom relief infill, drawer and leg designs.

Our Year 11 students have elected studies in Exploring Early Childhood, Hospitality, Community and Family Studies, and Industrial Technology – Timber. The EEC and Hospitality students will be venturing out in local businesses soon for work experience. They will be extending their knowledge and skills already gained through term 1. CAFS students continue to explore family relationships and the interactions between the family and the community. IT – Timber students have learnt to use the bandsaw, drop saw, wood turning lathe and several portable power tools as well as studying the Forestry Industry of NSW. Year 12 students have prepared for the half yearly exams. IT students in Timber, Metal and Electronics have continued to work on their individual major projects which shall need to be ready for HSC marking at the start of term 3.
Well done to all the TAS students who have made the most of their lessons by focusing and engaging in their various courses of study.

P. Ward

PDHPE
Term 1 second half has seen all years participating in fitness testing and running. Several school records in both have been broken which is good signs for the school cross country on Tuesday 7th May and school athletics on Tuesday 28th May.

G. Deam
SRC
This term the SRC had a training day at Boambee Bay Resort. We planned our fundraisers for the year which started with our fantastic social. We had more students come than ever before and everyone had a great time. Next term we are looking forward to organising Relay for Life (where we usually have the biggest school team in the state) and Shave for a Cure.

Tarsha Shipman

School Development Days Term 2
On Monday 29 & Tuesday 30 April all staff will be attending School Development Days in order to prepare for the implementation of the Australian Curriculum in 2014. On the Monday staff will attend a faculty-based development day with other teachers from Maclean down to Macksville & out to Dorrigo. The Tuesday School Development Day will see all teachers back at Toormina where they will be implementing Monday’s theory into Schemes of Work & programming for 2014.

Simon McKinney

Regional Representatives

Joe Stead and Shay Kovalskis are our THS reps in the Regional Australian Rules Football Team to play Hunter Exchange in Newcastle. Shay has also been selected in the Regional Under 15’s Touch Football Team.

Nathan Cunningham and Andrew Garner recently played in the Regional Baseball Team in Sydney. Nathan has been selected in the Combined High Schools Team.

On right is Maddy Stockham who will be playing soccer at the State Titles in Albury in the Regional Open Girls Team.

School Cross Country
The date for the School Cross country has changed from Tuesday May 7 to Thursday May 9. Notes will be given out to students early in Term 2.

S. Bilsborough

Term 2 Start date for students - Wednesday, May 1

Please note THS will start Term 2 on WEEK B Timetable also this is Sport Day so please remember to wear sport uniform, bring your equipment and money - Week 1 sport selection will be the same as Term 1
DEC Photo Shoot

THS was recently chosen for a Department of Education and Communities promotional Photo Shoot. These photos will be used by our school and the department for promotional purposes.

Kylie Wilkinson, Regional School Promotions Officer and David Lefcovitch, Department of Education & Community photographer, spent the morning meeting and photographing our school, students and staff. They were very impressed with our organisation for the photos (thanks Mrs Lyne), professional attitude and the friendly vibe of our school. This is high praise as David has been photographing schools for 31 years! Well done Toormina!

Mr Schwarz and the Human Pyramid!
Mr Francis, Brian Adam with David in the Art rooms.

Soccer Thriller

On Wednesday, 3rd April the Open Girls Soccer team travelled to Rushforth Park to play South Grafton High School. Both teams played a hard fought game with the score nil all at full time. The game then went into golden goal (first team to score) with South Grafton coming out on top, scoring the winning goal.

All the girls involved played with great heart and sportsmanship. Player of the Match for the day went to our goal keeper - Kiyah Kemp, who played an outstanding game!

S. Watkins

All students who do not have an ID card are asked to see Mrs McDowell in the School Library.
**Cake Cooks**

Mrs Watson’s Food Technology Life Skills class have been practising their cake-making skills in preparation for their entries into the Coffs Harbour Show during the school holidays. Pictured above is Jason Dickson with his Easter Bunny Cupcakes with Clinton Wu looking on.

**Back to William Bayldon Public School**

Chloe Rann and Kody Glenton recently returned to William Bayldon Public School to address the Year 6 students. Chloe and Kody talked to the primary students about their recent experience of starting at Toormina High School. The Year 6 students were very interested and asked lots of questions about finding classrooms, uniform and feeling nervous on the first day. Chloe and Kody were able to assure the students that starting high school was exciting!

**ESSA Results**

2012 ESSA test student results, for last year’s Year 8, have been sent home. ESSA stands for the Essential Secondary Science Assessment, which is an interactive online test undertaken by all Year 8 students in NSW government schools and many non-government schools. Toormina High School results overall were solid. Two students achieved the highest grade of a Level 6. The students who produced these outstanding results were Holly Heading and Kate Malcolm. Congratulations girls! S. Harrington

**Moreton Island Excursion Update**

This is a reminder for parents of Year 10 students. The excursion deposit needs to be paid by the end of Week 2 Term 2 to ensure a position. The excursion involves a lot of organisation and numbers need to be finalised as soon as possible. The payment schedule is designed to make it easier for parents. Students with any financial difficulties who wish to go on the excursion are to see Mr Driscoll as soon as possible. Chocolates will be available for students to sell, to reduce costs. This is a great opportunity for students to experience ‘island life’, snorkelling, sand boarding and team building activities. Also, this is the final group excursion for this Year 10 group before they become Seniors.

Excursion deposits must be paid by Week 2 Term 2. Greg Driscoll Year 10 Advisor
Congratulations Brianna!

Brianna Hawkins-Cain has been selected for a live audition for the 2013/14 Talent Development Project Intake, to be held at The Sydney Entertainment Centre on April 15.

The Talent Development Project develops the talents and careers of young Australian performers and songwriters, through working with the entertainment community and providing unique industry experience.

Live audition students must prepare two performance pieces of contrasting styles. Every year up to 50 public school students from around New South Wales are selected to take part in this unique program. Throughout a year of monthly master class workshops, conducted by industry experts, this number is reduced until only those deemed ready to begin a career in show business remain.

What a fantastic opportunity, good luck Brianna From all at THS!

10% on Top Morning Tea

The 10% on Top Club is an initiative implemented at Toormina High to support the academic needs of Aboriginal students who are achieving above National Benchmarks.

On Friday, April 5, a morning tea was held to celebrate our students achievements and was well attended by family, friends and Elders.

Spirit of Toormina Awards

Congratulations for showing a fantastic attitude that embodies the Toormina High School philosophy of caring, sharing and participating.

*Angela Bennett *Chloe Rann *Kody Glenton *Ben Sonter
Pi in the Sky  Solutions to last week’s maths puzzles

\[ \sqrt{-1} 2^3 \sum \pi \]  
\[ \ast I ate some pie \]

\[ qt\pi \]  
\[ \ast Cutie pie \]

Have your \( \pi^5 + \pi^4 \) \( \frac{1}{\pi} \) = 2.71828 ... and e it too

\[ \ast Have your pie and eat it too \]

Too much \( \pi \) is increasing my r

\[ \ast Too much pie is increasing my radius \]

Principal’s Column

Dear Parents,
Students from Years 8 to 11 attended an excellent Anti-Bullying forum at CHEC on Thursday where they enjoyed entertainment, input from victims and survivors of bullying and posed a number of questions to various panel members. We joined other schools from Grafton to Nambucca and Bellingen for this presentation organised by the Young People’s Mental Health and Wellbeing Committee. I congratulate the many participants from our school and from others on the excellent series of presentations for our students over the past two years.
The SRC held a social that was attended by over a quarter of the students at our school and was a very successful evening, congratulations to all involved in the organisation.
Please accept our appreciation for your support of your children’s education during term 1.
Note that term 2 begins for students on Wednesday, 1st May.
Another note for you diary is that a public holiday has been applied for by Coffs Harbour Council for Thursday, 1st August when our school will be closed from 11.30am.
Best wishes for the April holiday.
Liz Donnan

Plant Fair

On Thursday April 4 the students and staff from the Learning Support Unit held a very successful Plant Fair and Vintage Café. Parents, friends, staff and residents of Marion Grove supported the event - money raised will go towards percussion instruments and reading resources for the students.
We hope to make this a bi-annual event. Thanks to all involved.

R.West

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t.(02) 6653 3077 f. (02) 6658 2310 e.toorminah.school@det.nsw.edu.au www.toormina-h.schools.nsw.edu.au
Teen drinking, never safe

This research provides evidence for a move away from the harm minimization approach, where teenagers are taught to drink sensibly, and even for a rise in the minimum drinking age.

The current trend to introduce alcohol to teenagers before the legal drinking age of eighteen needs to be urgently reviewed in light of recent Australian research into adolescent drinking.

A team from Melbourne's Murdoch Children's Research Institute, tracked 1,520 young people's drinking habits over a ten year period and found that there is no safe drinking level for teenagers.

Adolescents under the age of eighteen who drink even small amounts of alcohol have a significantly higher risk of alcohol abuse when they move into early adulthood. In fact, low level drinkers resemble more closely high level drinkers than those who didn't drink at all when it comes to alcohol-related problems.

Increasingly, drinking alcohol is seen by young people as an essential rite of passage that should be allowed at an earlier and earlier age.

The pressure that young people now put on adults to allow them to drink under age is enormous. Underage drinking is now seen by many young people as normal and those parents who resist can be made to feel so out of sync that surely they must come from another planet.

There is no doubt rolling back the drinking age or suggesting that young people delay drinking until they are eighteen will be met with enormous resistance from many young people. That's why introducing zero alcohol for under eighteen needs strong adult leadership involving schools, parents and community groups.

The evidence seems abundantly clear that in the long term best interests of young people that zero alcohol for the under eighteen age group is the only option that right-minded people should take.

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